

FLEX SIG



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Gastro-Intestinal Center
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GastroArkansas Endoscopy of Conway
455 Hogan Ln.
Conway, AR 72034
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Report to the outpatient department at

Date: _____ **Time:** _____

We ask for 3 day notice to cancel your procedure. Missed appointments or cancellations without 3 day notice will incur a \$100 fee. Please bring your drivers license and insurance card to your appointment.

ONE WEEK BEFORE YOUR PROCEDURE

If you are taking glucagon like peptides receptor agonists such as Ozempic, Mounjaro, Semaglutide, and others in this category, please hold this medication for 7 days prior to procedure.

DAY BEFORE YOUR PROCEDURE

You can eat your regular diet until 2:00pm the day prior to your procedure. At 2:00pm begin clear liquid diet until midnight.

- Bouillon (99% fat free) and Broth
- Apple Juice
- Plain coffee (no cream)
- Popsicles (no red or purple)
- Jello (no red or purple)
- Ginger Ale, Water, Sprite, 7-UP
- Soft drinks (Coke, Diet Coke, Dr. Pepper, etc.)
- Plain tea (no flavoring)
- Hard candy (such as sour balls)

NO MILK OR MILK PRODUCTS - Including Coffee Mate

NO PULP

NO RED OR PURPLE PRODUCTS

At 4:30pm take four Bisacodyl tablets. You may purchase these from your pharmacy. You will remain on a clear liquid diet until midnight. After midnight do not have anything in your mouth prior to the procedure.

MORNING OF PROCEDURE

1 hour before leaving home, not 1 hour before exam - Use two (2) Fleet enemas the morning of your procedure.

ESSENTIAL MEDICATIONS

On the morning of the procedure, DO take your heart, blood pressure, seizure, anxiety, and depression medications with a small sip of water before 5am.

• Nothing by mouth after midnight other than your prep, this includes gum, candy, mints, and all tobacco products.

- You must follow the instructions carefully to ensure your system will be clean, clear, and ready for examination. If instructions are not followed, the physician may be unable to perform your procedure.
- Someone must accompany you to your procedure to drive you home. You will be sedated and unable to drive for the remainder of the day.
- Failure to follow these instructions will result in a delay of your procedure time.

If you have questions, please call our office at (501) 664-6980.
You will be billed separately from the Out-Patient Facility.